

Ergonomics

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 Ergonomics

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From [Chris Adams](#),
Your Guide to [Ergonomics](#).

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PortaMEe, PortaYOU

There are a number of hands free, baby carriers on the market. And they all work reasonably well. But I've yet to find one that is comfortable for both the baby and parent and isn't too bulky. And I've yet to find one that is truly hands free since they never store all the extras you need to carry when carrying a baby.

Well I may have just found the answer. Enter the [PortaMEe](#).

This thing looks to have it all: counter balancing straps, lumbar support, comfortable straps and carrier support,

storage for your essentials (wallet and keys) and the babies (diapers and wipes), cell phone holder,

and a detachable water bottle or sippy cup holder.

Not to mention the lumbar support looks like it will work well.

Sunday November 12, 2006 | [comments \(3\)](#)

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